

Warm-up Routine & Daily Fundamentals

LvL 3

Dan Head

$\text{♩} = 50$

Us a drone of the starting pitch for each grouping.

- I. M. 1 - Sing using Solfege.
- II. M. 1 - 18 -Buzz Lips Alone then Buzz with the Mouthpiece.
- III. Play the Whole Sequence on the Horn.

1

10

19

28

37 **2** $\text{♩} = 50$
Us a C-G drone throughout

44

$\text{♩} = 50$

51

56

61

1-3 1-2-3

3

Free Buzz then Play each Grouping with a drone of that note.

dit dit dit dit

6

$\text{♩} = 80$

Legato Tonguing, Use a C-G drone.

"tOO" "kOO"

7

t t k

12

t k t k

4

Lip Flexability and aperture control. Go though each pattern with the descending chromatic fingerings, using a C-G drone throughout.

♩ = 80

♩ = 90

f p f p f p f f > p < f > p < f > p < f

♩ = 100

f > p < f > p < f > p < f

♩ = 110

f > p < f > p < f > p < f

♩ = 120

f > p < f > p < f > p < f

♩ = 130

f > p < f > p < f > p < f

♩ = 140

f > p < f > p < f > p < f

p > f < p > f < p > f < f

$\text{♩} = 150$

27

f **p** **f** **p**

31

f **p** **f**

34 **5** $\text{♩} = 80$ Whole Step Trill

3 3 3 3

38

6 6 6 6

40 $\text{♩} = 80$ Lip Trill

2-3 2-3

3 3 3 3

44

6 6 6 6

46 **6** $\text{♩} = 80$ Alternate tonguing and slurring everyday.

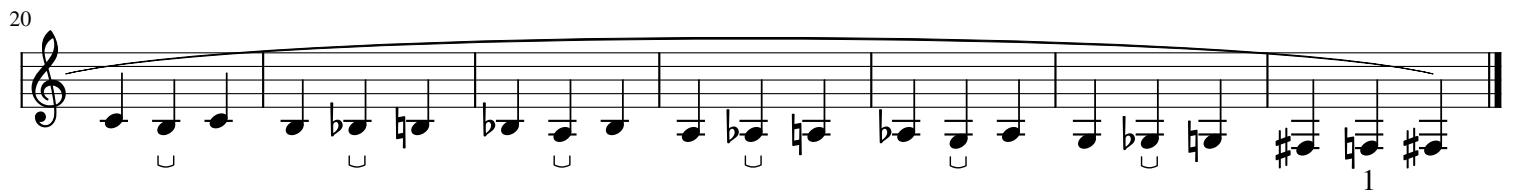
50

$\text{J} = 80$

- 54 **7** Begin each note as soft as possible and crescendo to your maximum volume.
Use a different arpeggio in different ranges every day. Use a drone of the tonic note.

8 $\text{J} = 80$ Two octave chromatic scales; follow the pattern of expanding starting pitches.

$\text{J} = 80$ Chromatic Bends. Breathe whenever necessary.



27 **10** Forced Gliss, no set tempo

1-2-3 1-3

